

# FAR NORTH QLD LION Dairy & Drinks Education Channel Product List

LION Code	LION Product – SKU Description	QLD Smart Choice	National FOCiS	Units per Ctn	Energy (kJ)	Fat (g)	Sat. Fat (g)	Protein (g)	Carb. (g)	Sugars (g)	Vitamin C (mg)	Sodium (mg)
<b>BERRI *</b>		<b>NUTRITION INFORMATION PER 100g/100mL</b>										
2819	BERRI - NAS (Apple) 110mL	●	●	96	187	<1	0	<1	10.5	10.1	-	0
2732	BERRI - NAS (Orange) 110mL	●	●	96	170	<1	0	0.6	9.0	8.3	-	8
5457	BERRI - NAS (Apple, Blackcurrant) Pop Top 250mL	●	●	12	185	<1	0	<1	10.4	9.9	15	8
5458	BERRI - NAS (Apple) Pop Top 250mL	●	●	12	187	<1	0	<1	10.5	10.1	15	8
5459	BERRI - NAS (Orange) Pop Top 250mL	●	●	12	170	<1	0	0.6	9.0	8.3	20	8
<b>JUST JUICE *</b>												
3489	JUST JUICE - NAS (Orange) 200mL	●	●	24	170	<1	0	0.6	9.0	8.3	20	8
3486	JUST JUICE - NAS (Apple) 200mL	●	●	24	180	<1	0	<1	10.6	10.3	10	8
3487	JUST JUICE - NAS (Apple & Blackcurrant) 200mL	●	●	24	180	<1	0	<1	10.5	10.2	10	8
3490	JUST JUICE - NAS (Orange Mango) 200ml	●	●	24	160	<1	0	0.3	9.8	9.3	20	8
3491	JUST JUICE - NAS (Paradise Punch) 200mL	●	●	24	180	<1	0	0.3	9.8	9.3	20	8
<b>SUMMIT WATER</b>												
2326	SUMMIT 600mL	●	●	24	0	0	0	0	0	0	0	0
<b>BERRI QUELCH</b>												
2884	Berri QUELCH Water Ice Fruit Sticks 70mL	●	●	144	189	<1	0	<1	10.4	10.1	-	20
<b>COON</b>												
4040	Coon Light & Tasty Shredded 250g	●	●	12	1390	23.40	15.2	29.7	<1	<1	851	730
4034	Coon Tasty Slices 1.5kg	●	●	8	1690	33.30	22.0	25.8	<1	<1	750	650
<b>BIG M**</b>												
3718	BIG M Chocolate UHT lunchbox 250mL	●	●	24	281	1.8	1.2	3.1	9.5	9.4	111	42
3717	BIG M Strawberry UHT lunchbox 250mL	●	●	24	282	1.8	1.2	3.2	9.5	9.5	115	44
6175	BIG M KAKAO Double Chocolate Btl 500ml	●	●	16	300	2.0	1.3	3.2	10.0	9.4	111	43
6176	BIG M KAKAO Hazelnut Btl 500ml	●	●	16	300	2.0	1.3	3.2	10.2	9.9	115	44
<b>CLASSIC**</b>												
5768	DF Classic Chocolate 300ml carton	●	●	50	341	3.4	2.2	3.2	9.5	9.2	113	65
5769	DF Classic Iced Coffee 300ml carton	●	●	50	349	3.4	2.2	3.2	9.9	9.7	115	40
5770	DF Classic Strawberry 300ml carton	●	●	50	349	3.4	2.2	3.2	9.9	9.7	115	40
5771	DF Classic Vanilla Malt 300ml carton	●	●	50	353	3.4	2.2	3.1	10.2	10.1	116	45
5424	DF Classic Chocolate 600ml carton	●	●	28	341	3.4	2.2	3.2	9.5	9.2	113	65
5425	DF Classic Iced Coffee 600ml carton	●	●	28	349	3.4	2.2	3.2	9.9	9.7	115	40
5426	DF Classic Strawberry 600ml carton	●	●	28	349	3.4	2.2	3.2	9.9	9.7	115	40
5427	DF Classic Vanilla Malt 600ml carton	●	●	28	353	3.4	2.2	3.1	10.2	10.1	116	45
<b>FARMERS UNION ICED COFFEE **</b>												
5764	FARMERS UNION Iced Coffee 600mL carton	●	●	28	207	0.9	0.6	3.3	6.9	6.2	125	45
<b>DARE ICED COFFEE **</b>												
3892	Dare Espresso Coffee 500ml	●	●	16	356	3.7	2.4	3.4	9.5	9.1	123	43
3891	DARE RAW Iced Coffee 500ml	●	●	16	200	1.0	0.6	3.4	6.2	5.0	118	42

#### Footnotes:

\* For Nutrition Information per serve please multiply accordingly or see on pack label

• Nutrition Information accurate as of June 2013

\* For 100% Juices QLD Smart Choice prefer serve size of 250mL or less.

\*\* For Flavoured Milk QLD Smart Choice prefer serve size of 300mL or less. Coffee Flavours not recommended for Primary Schools.

+ Nutrition Information is an average of flavours.

#### Traffic Light Rating:

● Green

● Amber

#### Other Rating:

● Meets FOCiS Criteria

● Registered Product

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<b>DAIRY FARMERS</b>												
<b>NUTRITION INFORMATION PER 100g/100mL</b>												
4360	Dairy Farmers Whole Milk 200ml carton	Amber	Blue	48	266	3.4	2.3	3.4	4.8	4.8	128	44
3752	Dairy Farmers Whole Milk 600ml carton	Amber	Blue	28	266	3.4	2.3	3.4	4.8	4.8	128	44
3801	Dairy Farmers Whole Milk 1L HDPE bottle	Amber	Blue	16	266	3.4	2.3	3.4	4.8	4.8	128	44
3766	Dairy Farmers Whole Milk 2L bottle	Amber	Blue	9	266	3.4	2.3	3.4	4.8	4.8	128	44
3756	Dairy Farmers Whole Milk 3L bottle	Amber	Blue	6	266	3.4	2.3	3.4	4.8	4.8	128	44
<b>DAIRY FARMERS NEW</b>												
3613	Dairy Farmers New Modified Milk 1L bottle	Green	Blue	16	216	2.0	1.3	3.5	4.9	4.9	130	44
3614	Dairy Farmers New Modified Milk 2L bottle	Green	Blue	9	216	2.0	1.3	3.5	4.9	4.9	130	44
<b>DAIRY FARMERS LITE WHITE</b>												
3803	Dairy Farmers Lite White 1L HDPE bottle	Green	Blue	16	198	1.4	0.9	3.6	5.2	5.2	126	48
3761	Dairy Farmers Lite White 2L bottle	Green	Blue	9	198	1.4	0.9	3.6	5.2	5.2	126	48
3757	Dairy Farmers Lite White 3L bottle	Green	Blue	6	198	1.4	0.9	3.6	5.2	5.2	126	48
<b>DAIRY FARMERS SKIM</b>												
3764	Dairy Farmers Skim Milk 600ml carton	Green	Blue	28	147	0.1	0.1	3.5	4.9	4.9	132	45
3802	Dairy Farmers Skim Milk 1L HDPE bottle	Green	Blue	16	147	0.1	0.1	3.5	4.9	4.9	132	45
3820	Dairy Farmers Skim Milk 2L carton	Green	Blue	9	147	0.1	0.1	3.5	4.9	4.9	132	45
<b>DAIRY FARMERS OATS EXPRESS</b>												
6299	DAIRY FARMERS Oats Express Vanilla Malt 250ml	Green	Blue	24	293	0.5	0.3	4.0	12.0	10.1	151	55
6296	DAIRY FARMERS Oats Express Chocolate 250ml	Green	Blue	24	289	0.5	0.3	4.0	11.8	9.4	146	54
6301	DAIRY FARMERS Oats Express Banana Honey 250ml	Green	Blue	24	284	0.5	0.3	4.0	11.6	9.7	153	56
<b>VITASOY</b>												
1013	Vitasoy Hi-Fibre Soymilk 1Lt carton	Green	Blue	12	203	1.5	0.3	3.0	5.6	2.2	120	44
1010	Vitasoy Calci-plus Soymilk 1Lt carton	Green	Blue	12	270	3.0	0.6	3.2	6.0	4.2	160	43
5383	VitaGo Liquid Breakfast Chocolate 250ml	Green	Blue	12	334	2.0	0.3	3.4	11.5	6.5	160	42
5385	VitaGo Liquid Breakfast Vanilla 250ml	Green	Blue	12	325	2.0	0.3	3.4	11.0	6.4	160	20
5382	VitaGo Liquid Breakfast Banan & Honey 250ml	Green	Blue	12	334	2.0	0.3	3.4	11.5	6.5	160	20
<b>YOPLAIT</b>												
5868	YOPLAIT Strawberry 2x175g	Green	Blue	12	394	1.9	1.2	5.1	14	13.6	177	64
5869	YOPLAIT Vanilla 2x175g	Green	Blue	12	404	1.9	1.2	5.0	14.7	14.2	167	60
5867	YOPLAIT Raspberry 2x175g	Green	Blue	12	402	1.9	1.2	5.0	14.5	14.1	169	63
5866	YOPLAIT Mango 2x175g	Green	Blue	12	401	1.9	1.2	5.0	14.5	14.1	168	60
<b>YOPLAIT FORMÉ</b>												
6483	YOPLAIT FORMÉ- French Vanilla 150g	Green	Blue	10	181	0.1	0.1	4.5	5.5	5.0	150	53
6484	YOPLAIT FORMÉ- Strawberry 150g	Green	Blue	10	183	0.1	0.1	4.6	5.5	5.2	162	57
6482	YOPLAIT FORMÉ- Field Berries 150g	Green	Blue	10	184	0.1	0.1	4.5	5.6	5.4	152	57
6528	YOPLAIT FORMÉ GREEK- Strawberry 150g	Green	Blue	12	208	0.1	0.1	8.0	3.5	3.2	118	34
6527	YOPLAIT FORMÉ GREEK- Raspberry 150g	Green	Blue	12	211	0.1	0.1	7.9	3.7	3.3	107	35
6526	YOPLAIT FORMÉ GREEK- Vanilla 150g	Green	Blue	12	204	0.1	0.1	7.8	3.5	2.9	104	29
<b>YOPLAIT GO-GURT</b>												
1091	Yoplait Go-Gurt Fruit Salad 8x70g	Green	Blue	12	356	1.8	1.2	3.3	13.7	11.8	200	43

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